

PARTNERS **FOR HEALTH**

State of Tennessee Diabetes Prevention Partners

State Group Health Plan Members:

Do you want to lose weight and get healthier?

Being overweight and out of shape can place you at risk of developing chronic diseases like type 2 diabetes, heart disease, high blood pressure and other ailments.

The good news is you can reverse the risk!

A free program is available for you!

Learn More – Attend an Informational Session!

Feel free to bring your lunch during this 30-minute presentation

October 8th

University of Tennessee Knoxville

University Center, Room 220
1502 Cumberland Avenue
Knoxville, TN

11am-11:30am, 11:30 am-12:00pm,
12:00pm-12:30pm, 12:30pm-1:00pm
1:00pm-1:30pm, 1:30pm-2:00pm

October 9th

University of Tennessee Knoxville

University Center, Room 220
1502 Cumberland Avenue
Knoxville, TN

11am-11:30am, 11:30 am-12:00pm,
12:00pm-12:30pm, 12:30pm-1:00pm
1:00pm-1:30pm, 1:30pm-2:00pm

For more information, contact PictureWellness at **423-790-7579**
or **Maurice Saliba at maurice@picturewellness.com**

